

EMD MARCH 2011 STUDY GUIDE – BLS CPR

- 1) CPR stands for?
- 2) According to the presentation, how long does it take for brain damage to develop once breathing has stopped?
- 3) Explain the links in the AHA Chain of Survival.
- 4) Describe signs of a possible DOA.
- 5) What is the new sequence of CPR? Describe the steps for adult, infant and child CPR.
- 6) What is the ratio of compressions to breaths for all age groups, 1 rescuer CPR? What is the rate and depth of compressions per minute for all age groups?
- 7) How does the rescuer know if the breaths are effective? What should the rescuer do if the breaths aren't going in?
- 8) How can you tell the difference between a mild and severe airway obstruction?
- 9) How can you help an adult/child choking victim? (conscious and unconscious)
- 10) How can you help an infant that is choking? (conscious and unconscious)