

SCEMSS January 2014 EMD CE: Cold Weather Emergencies

1. List the two types of localized cold injuries and describe each:
2. List treatment for Frostbite:
3. List and describe the 5 ways that the body loses heat:
4. Define hypothermia.
5. List the stages of hypothermia and the corresponding temperatures:
6. List the signs & symptoms of hypothermia:

7. What temperature does shivering stop?
  
8. List the treatment for hypothermia:
  
  
  
  
  
  
  
  
  
  
9. What is the rule about hypothermic patients in cardiac arrest?
  
  
  
  
  
  
  
  
  
  
10. What is the definition of drowning?
  
  
  
  
  
  
  
  
  
  
11. List the stages of drowning:
  
  
  
  
  
  
  
  
  
  
12. List pre-arrival instructions for drowning emergencies:

13. List pre-arrival instructions for falls:
  
14. Cardiac Snow is another term for?
  
15. What are the Key Questions about Aspirin on the Chest Pain protocol?